

33. Internationaler Volkslauf

Ergebnisliste AK 5.000 m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|--------------------|----------|------------------------|--------|-------|---------------------------|-------|
| W8 | | | | | | |
| 1. | 966 | Nahen, Kiara | 2002 | w | TV Jahn Bad Driburg | 26:18 |
| W10 | | | | | | |
| 1. | 965 | Nahen, Alina | 2000 | w | TV Jahn Bad Driburg | 24:44 |
| W13 | | | | | | |
| 1. | 964 | Nahen, Vanessa | 1997 | w | TV Jahn Bad Driburg | 28:02 |
| 2. | 993 | Siekmann, Lea Melina | 1997 | w | TG Lage | 29:21 |
| w. Jugend B | | | | | | |
| 1. | 866 | Brenke, Raphaela | 1993 | w | TuS Eicholz-Remmighausen | 22:05 |
| w. Jugend A | | | | | | |
| 1. | 858 | Eulitz, Marie-Christin | 1991 | w | LC Paderborn | 19:40 |
| 2. | 813 | Lüke, Johanna | 1992 | w | TUS 20 Bellersen | 39:16 |
| W30 | | | | | | |
| 1. | 841 | Täuber, Melanie | 1978 | w | Die Luschen | 31:28 |
| W35 | | | | | | |
| 1. | 983 | Drueke , Alexandra | 1974 | w | LT Marienloh | 26:41 |
| W40 | | | | | | |
| 1. | 969 | Meier, Karin | 1966 | w | Tus Eintracht Minden | 25:34 |
| 2. | 881 | Friebe, Anja | 1968 | w | | 31:47 |
| W45 | | | | | | |
| 1. | 832 | Beine, Bernadette | 1962 | w | Non-Stop-Ultra | 24:17 |
| 2. | 895 | Baaske, Hilla | 1961 | w | LT-Marienloh | 25:22 |
| 3. | 992 | Lange, Manuela | 1965 | w | Non-Stop-Ultra | 25:55 |
| 4. | 944 | Godardt, Birgit | 1964 | w | Paderborn | 28:36 |
| 5. | 943 | Schön, Astrid | 1961 | w | Paderborn | 28:44 |
| 6. | 874 | Schreiber, Constanze | 1965 | w | HLC-Höxter | 28:45 |
| W55 | | | | | | |
| 1. | 999 | Simon, Franziska | 1953 | w | Lippstadt | 28:19 |
| 2. | 923 | Leinhart, Marita | 1954 | w | | 35:11 |
| W65 | | | | | | |
| 1. | 981 | Ehrich, Ortraud | 1942 | w | LC 92 Bad Salzuflen | 48:11 |
| M10 | | | | | | |
| 1. | 810 | Lüke, Marius | 2000 | m | TUS 20 Bellersen | 39:15 |
| M14 | | | | | | |
| 1. | 911 | Soares, Luca | 1996 | m | SV Reelsen | 20:44 |
| M15 | | | | | | |
| 1. | 875 | Jochim, Maximilian | 1995 | m | Man Teou Renner Steinheim | 25:43 |
| 2. | 994 | Siekmann, Tim Philip | 1995 | m | TG Lage | 28:26 |
| m. Jugend B | | | | | | |
| 1. | 831 | Beine, Marcel | 1993 | m | DJK "Adler" Brakel | 20:54 |

Ergebnisliste AK 5.000 m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|--------------------|--------|-------|----------------|-------|
| 2. | 998 | Simon, Martin | 1994 | m | Lippstadt | 23:37 |
| 3. | 991 | Lange, Kevin | 1994 | m | Non-Stop-Ultra | 24:51 |
| 4. | 959 | Pottkämper, Moritz | 1994 | m | | 29:51 |

Männer

| | | | | | | |
|----|-----|----------------|------|---|------------------|-------|
| 1. | 811 | Lüke, Julian | 1990 | m | TUS 20 Bellersen | 22:31 |
| 2. | 990 | Lange, Marcell | 1987 | m | Non-Stop-Ultra | 25:11 |

M30

| | | | | | | |
|----|-----|-------------------|------|---|------------------------|-------|
| 1. | 933 | Heints, Vladislav | 1980 | m | Dorka-Sports Paderborn | 18:11 |
|----|-----|-------------------|------|---|------------------------|-------|

M35

| | | | | | | |
|----|-----|--------------------|------|---|--------------|-------|
| 1. | 855 | Hoffknecht, Jürgen | 1972 | m | LC Paderborn | 18:55 |
| 2. | 909 | Mast, Thomas | 1971 | m | SV Reelsen | 20:30 |

M40

| | | | | | | |
|----|-----|------------------|------|---|-----------------|-------|
| 1. | 884 | Vogt, Thomas | 1969 | m | Bad Lippspringe | 22:13 |
| 2. | 910 | Soares, Fernando | 1966 | m | SV Reelsen | 22:52 |

M45

| | | | | | | |
|----|-----|--------------------|------|---|---------------------|-------|
| 1. | 871 | Schnelle, Bernd | 1963 | m | LC 92 Bad Salzuflen | 22:45 |
| 2. | 897 | Baaske, Hartwig | 1961 | m | LT-Marienloh | 23:47 |
| 3. | 886 | Segebade, Hartmut | 1965 | m | VFL-Bückeburg | 26:07 |
| 4. | 878 | Osterhold, Andreas | 1961 | m | TSV 1850 Korbach 09 | 27:25 |
| 5. | 902 | Bidardel, Chahriar | 1961 | m | Bad Lippspringe | 27:49 |
| 6. | 995 | Siekmann, Klaus | 1965 | m | TG Lage | 29:25 |

M50

| | | | | | | |
|----|-----|-----------------|------|---|----------------------|-------|
| 1. | 837 | Schäfers, Berni | 1957 | m | Sportfreunde Oesdorf | 21:31 |
| 2. | 985 | Diekmann, Georg | 1959 | m | LT Marienloh | 22:36 |
| 3. | 805 | Gray, Gordon | 1959 | m | LC 92 Bad Salzuflen | 25:04 |

M55

| | | | | | | |
|----|-----|------------------|------|---|-----------------------|-------|
| 1. | 819 | Stellhorn, Horst | 1952 | m | Marsberg | 24:16 |
| 2. | 982 | Hartke, Günther | 1953 | m | LC Salzbad Ravensberg | 26:22 |
| 3. | 834 | Körber, Roland | 1951 | m | LC 92 Bad Salzuflen | 28:08 |

M60

| | | | | | | |
|----|-----|--------------------|------|---|--------------------------|-------|
| 1. | 929 | Nowag, Hans-Jürgen | 1950 | m | TG Northeim | 21:04 |
| 2. | 972 | Badorrek, Manfred | 1947 | m | SV Kollerbeck | 21:32 |
| 3. | 930 | Wignanek, Wolfgang | 1950 | m | LC Paderborn | 23:56 |
| 4. | 803 | Vogt, Hans-Georg | 1947 | m | LS Altenbecken | 24:34 |
| 5. | 918 | Meise, Kurt | 1950 | m | SV Brenkhausen | 26:50 |
| 6. | 935 | Schulze, Ulrich | 1950 | m | BSG Wesertal Hameln | 27:06 |
| 7. | 829 | Borghoff, Ferdi | 1947 | m | TuS Bad Wünnenberg | 29:09 |
| 8. | 961 | Bock, Gert | 1948 | m | Korbach | 30:58 |
| 9. | 941 | Ahlemeyer, Paul | 1949 | m | Laufftreff Elsen - Wewer | 31:16 |

M65

| | | | | | | |
|----|-----|-------------------|------|---|-----------------|-------|
| 1. | 945 | Wöstefeld, Helmut | 1942 | m | Paderborn | 32:02 |
| 2. | 826 | Nolte, Reinhard | 1943 | m | BC 1923 Meerhof | 32:55 |

M70

| | | | | | | |
|----|-----|-----------------|------|---|----------|-------|
| 1. | 823 | Bösker, Wilfred | 1937 | m | Marsberg | 31:03 |
|----|-----|-----------------|------|---|----------|-------|

Ergebnisliste AK 5.000 m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|-----------------|--------|-------|----------------|-------|
| M75 | | | | | | |
| 1. | 908 | Neumann, Dieter | 1934 | m | Vfb Salzkotten | 31:06 |

Anzahl: 60